A HAUNTED TRAVEL GUIDE

SCARE-CATION

BY

THE PARANORMAL SEEKERS

NIAGARA ON THE LAKE, ONTARIO

HAUNTED LOCATIONS

GHOST WALKS & PARANORMAL TOURS

HAUNTED HISTORY & LEGENDS

HAUNTED PLACES TO STAY THE NIGHT

STORIES, HISTORY & LOCAL LEGENDS

REAL HISTORY. REAL HAUNTINGS. REAL NIAGARA ON THE LAKE.

SCARE-CATION

Niagara-on-the-Lake, Ontario

A Haunted Travel Guide by The Paranormal Seekers

Welcome to Canada's Most Haunted Town

Nestled along the shores of Lake Ontario and the Niagara River, Niagara-on-the-Lake is often celebrated for its wineries, historic architecture, theatre scene, and charming streets.

But beneath the beauty lies a darker story.

As one of Canada's oldest communities, Niagara-on-the-Lake witnessed battles, fires, military occupations, tragic deaths, and countless personal stories during its long history. The scars of the War of 1812 can still be found throughout the town, and many believe some of those who lived through those turbulent times never truly left.

Today, Niagara-on-the-Lake has earned a reputation as one of Canada's most haunted destinations. From ghostly soldiers and heartbroken spirits to phantom children and mysterious figures, the town offers paranormal enthusiasts a truly unforgettable getaway.

Join The Paranormal Seekers as we explore the haunted history of Niagara-on-the-Lake.

Chapter One

The Legend of the Screaming Tunnel

Screaming Tunnel

Located just outside Niagara-on-the-Lake in nearby Niagara Falls, Screaming Tunnel is one of Ontario's most famous paranormal legends.

According to local folklore, a young girl became trapped inside the tunnel after her clothing caught fire. Desperate to escape the flames, she ran into the tunnel where she tragically perished.

For decades, visitors have claimed to hear screams echoing through the darkness. Others report unexplained cold spots, strange shadows, and feelings of unease while standing beneath the tunnel's stone arch.

Many paranormal investigators have visited the site hoping to capture evidence of the tragic spirit said to remain there.

Whether the story is fact or folklore, Screaming Tunnel remains one of the province's most enduring ghost legends.

Paranormal Seeker Rating

★★★★★

Paranormal Seeker Tip

Visit after dusk for the full atmosphere, but always remain respectful and obey local regulations.

Chapter Two

The Lady Named Molly

Prince of Wales Hotel

Few buildings in Niagara-on-the-Lake are as elegant—or as haunted—as the Prince of Wales Hotel.

Guests and staff have long reported unusual activity throughout the historic property, but one spirit appears more frequently than any other.

Her name is said to be Molly.

According to local legend, Molly was a young woman caught in the turmoil and violence of the War of 1812. During a period when Niagara-on-the-Lake was engulfed by conflict, destruction, and uncertainty, Molly's life was forever changed.

Today, guests have reported sightings of a woman in period clothing wandering hallways, appearing near staircases, and occasionally being seen in guest rooms before vanishing without explanation.

Many believe Molly continues searching for something—or someone—lost during the war.

Whether legend or lingering spirit, her story has become one of the hotel's most enduring mysteries.

Paranormal Seeker Rating

★★★★★

Don't Miss

Explore the hotel's historic corridors and common areas during the quieter evening hours.

Chapter Three

Canada's Most Famous Haunted Inn

Olde Angel Inn

If one building embodies Niagara-on-the-Lake's haunted reputation, it is the Olde Angel Inn.

Dating back to the early 1800s, the inn survived the destruction of Niagara during the War of 1812 and has become one of Canada's most famous haunted locations.

The resident spirit is believed to be Captain Colin Swayze, a British officer who reportedly sought refuge within the inn during the war. According to legend, American soldiers discovered him hiding beneath the floorboards and fatally wounded him.

Today, guests and staff regularly report strange occurrences including footsteps, unexplained noises, moving objects, and sightings of a man believed to be Captain Swayze.

Many visitors arrive hoping for a paranormal encounter—and some leave convinced they experienced one.

Paranormal Seeker Rating

★★★★★

Must Experience

Enjoy a meal in the restaurant and ask staff about their favorite ghost stories.

Chapter Four

Soldiers Who Never Left

Fort George National Historic Site

Fort George served as a key British military post during the War of 1812 and witnessed some of the most significant military action in Canadian history.

The site has become well known for reports of paranormal activity.

Visitors and staff have described seeing soldiers walking the grounds after hours, hearing phantom marching, and experiencing unexplained voices near historic buildings.

Some investigators believe the intense emotional energy left behind by war may contribute to the fort's reputation.

Whether you come for history or hauntings, Fort George offers one of the most fascinating experiences in Niagara-on-the-Lake.

Paranormal Seeker Rating

★★★★★

Paranormal Seeker Tip

Visit during special evening programs when the fort takes on a completely different atmosphere.

Chapter Five

Walking With the Spirits

Ghost Walks of Niagara-on-the-Lake

One of the best ways to experience the town's haunted history is through one of its renowned Ghost Walks.

Led by knowledgeable guides, these tours combine historical research, local legends, and eyewitness accounts to bring the town's supernatural stories to life.

Guests explore historic streets, haunted buildings, military sites, and locations connected to some of Niagara-on-the-Lake's most famous ghost stories.

Every corner of town seems to have a legend waiting to be told.

Paranormal Seeker Rating

★★★★★

Don't Miss

Book a tour early in your stay to help plan visits to other haunted locations featured in this guide.

Chapter Six

A Tragic Family Story

Corks Restaurant

Today, Corks Restaurant is known for exceptional dining and warm hospitality. However, the building's history carries a tragic tale that has become part of local folklore.

The spirit most often associated with the property is believed to be that of a former homeowner.

According to local stories, she was accidentally killed by her brother during a tragic incident many years ago. While details vary depending on who tells the story, the emotional weight of the event has remained attached to the building.

Staff and visitors have occasionally reported unexplained sensations, unusual sounds, and the feeling that someone is quietly watching from nearby rooms.

Some believe the former resident never truly left the home she loved.

Paranormal Seeker Rating

★★★★☆

Paranormal Seeker Tip

Take a moment to appreciate the building's history while enjoying one of Niagara-on-the-Lake's finest dining experiences.

Chapter Seven

Medicine, Mystery, and the Unknown

Niagara Apothecary Museum

Stepping inside the Niagara Apothecary Museum feels like stepping back in time.

The museum preserves a nineteenth-century pharmacy complete with original medicines, equipment, and furnishings. Every shelf tells a story about healthcare during a very different era.

As with many historic buildings, stories of unexplained activity have developed over time.

Visitors occasionally report unusual sensations, strange sounds, and the feeling that someone is standing nearby even when the museum appears empty.

Whether paranormal or simply atmospheric, the Apothecary Museum offers a unique and fascinating stop for history lovers and ghost enthusiasts alike.

Paranormal Seeker Rating

★★★★☆

Don't Miss

Pay close attention to the details throughout the museum. The history alone makes it worth the visit.

The Ultimate Niagara-on-the-Lake Scare-Cation Itinerary

Day One

• Check into the Prince of Wales Hotel
• Explore downtown Niagara-on-the-Lake
• Dinner at Corks Restaurant
• Evening Ghost Walk

Day Two

• Tour Fort George
• Visit the Apothecary Museum
• Lunch and exploration throughout town
• Dinner at the Olde Angel Inn

Day Three

• Morning winery visit
• Explore additional historic sites
• Visit Screaming Tunnel before heading home

Paranormal Seekers Travel Tips

Best Time to Visit

Autumn offers the perfect combination of cooler temperatures, beautiful scenery, and spooky atmosphere.

Essential Equipment

☐ Camera
☐ Flashlight
☐ Portable charger
☐ Comfortable walking shoes
☐ Notebook
☐ Open mind

Local Advice

Niagara-on-the-Lake is best explored slowly. Take time to wander the streets, read historic plaques, and appreciate the stories hidden throughout the town.

Final Thoughts

Niagara-on-the-Lake is far more than a beautiful tourist destination.

It is a town shaped by war, resilience, tragedy, and centuries of history. Those stories continue to live on through its historic buildings, military sites, and ghostly legends.

Whether you're following the footsteps of Captain Swayze, searching for Maria in the halls of the Prince of Wales, exploring Fort George after dark, or listening for screams echoing through an old tunnel, Niagara-on-the-Lake offers one of Ontario's richest paranormal experiences.

Some visitors come for the wineries.

Others come for the ghosts.

The lucky ones experience both.

Created by

The Paranormal Seekers

"Bringing History Back to Life… One Ghost Story at a Time."

Website Links

https://en.wikipedia.org/wiki/Screaming_Tunnel

https://www.vintage-hotels.com/prince-of-wales/

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